

OUR VALUES AND COMMITMENTS

We are guided by our values and our commitments to ensure that everyone at Canteen feels respected, included and safe.

Diversity and Inclusion

We welcome people with diverse sexualities, gender identities and intersex variations and from all cultures, backgrounds and abilities.



Acknowledgement of Country

Canteen acknowledges Aboriginal and Torres Strait Islander peoples as the Traditional Custodians of this land. We pay respect to Elders past, present and future. We are committed to providing inclusive and appropriate support for Aboriginal and Torres Strait Islander young people, their kin and community impacted by cancer.

► Ngalaya (Dharawal for ally or friend in battle), is an artwork commissioned by Canteen created by Kamilaroi and Jerrinja woman and artist Jasmine Sarin.



REFER TO CANTEEN

Visit canteen.org.au/refer to connect yourself or someone you know to specialist support from Canteen.



**WHEN CANCER'S
IN YOUR LIFE**

**CANTEEN IS
IN YOUR CORNER**



Cancer changes everything, we get it.
Having the right information, advice and support can really help.

Canteen provides a wide range of free services for young people aged 12–25 dealing with their own or a close family member's cancer.



Canteen Connect

a 24/7 online community where you can connect with other young people going through similar stuff, attend events and chat to a counsellor.

canteenconnect.org



Specialised counselling

free and confidential counselling is available online or face to face. Canteen counsellors are specially trained to understand the challenges of cancer.

canteen.org.au/counselling



Free events & programs

days out or weekends away where you can meet other young people who understand what you're going through, develop coping strategies and have some fun too!

canteen.org.au/programs



Education and Career Support

free and tailored guidance service to help young people impacted by cancer explore their strengths and achieve their career goals.

canteen.org.au/ecs