

OUR VALUES AND COMMITMENTS

We are guided by our values and our commitments to ensure that everyone at Canteen feels respected, included and safe.

Diversity and Inclusion

We welcome people with diverse sexualities, gender identities and intersex variations and from all cultures, backgrounds and abilities.



Acknowledgement of Country

Canteen acknowledges Aboriginal and Torres Strait Islander peoples as the Traditional Custodians of this land. We pay respect to Elders past, present and future. We are committed to providing inclusive and appropriate support for Aboriginal and Torres Strait Islander young people, their kin and community impacted by cancer.

► Ngalaya (Dharawal for ally or friend in battle), is an artwork commissioned by Canteen created by Kamilaroi and Jerrinja woman and artist Jasmine Sarin.



REFER TO CANTEEN

Visit canteen.org.au/refer to connect yourself or someone you know to specialist support from Canteen.



**WHEN CANCER'S
IN YOUR LIFE**

**CANTEEN IS
IN YOUR CORNER**



**Cancer changes
everything, we get it.
Having the right
information, advice
and support can
really help.**

**Canteen provides a wide range
of free services for young people
aged 12-25 dealing with their own
or a close family member's cancer.**



Canteen Connect

a 24/7 online community where you
can connect with other young people
going through similar stuff, attend
events and chat to a counsellor.

canteenconnect.org



Specialised counselling

free and confidential counselling is available online
or face to face. Canteen counsellors are specially
trained to understand the challenges of cancer.

canteen.org.au/counselling



Free events & programs

days out or weekends away where you can meet
other young people who understand what you're
going through, develop coping strategies and
have some fun too!

canteen.org.au/programs



Education and Career Support

free and tailored guidance service to help young
people impacted by cancer explore their strengths
and achieve their career goals.

canteen.org.au/ecs