WINTER RETREAT 14 - 18 JUNE 2025





SUNDAY	
8:00am	Breakfast
	Helix restaurant at Vibe Hotel
9:00am	Check out from Vibe Hotel
	Bring luggage to hotel lobby area
0.70	
9:30am	Private shuttle bus to Thredbo Village Meet Canteen staff & volunteers in hotel lobby area
	Meet Canteen stall & volunteers in noterloodly area
10:00am	Morning tea
10.004111	In transit
11:15am	Acknowledgement of Country
	Ngarigo Country
12:00pm	Lunch
	Jindabyne
1:00pm	Final leg of shuttle bus journey to
поории	Thredbo Village
2:00pm	Arrive at Christiania Lodge Welcome to lodge, room allocations,
	get to know you games!
3:00pm	Collect ski & snowboard equipment
	Thredbo village rental shop
4:00pm	Afternoon tea
	Christiania Lodge
5:00nm	Free time
3.00pm	Tree time
6:30pm	Pre-dinner check in
	Kudos, toasties, my cancer experience
7:00pm	Dinner
	Christiania Lodge
8:00pm	Program rules & expectations /
3.00pm	Snowsports briefing
10:00pm	Lights out

WINTER RETREAT 14 - 18 JUNE 2025





MONDAY	
7:00am	Breakfast
70000111	At Christiania Lodge
8:15am	Dress for the day on snow!
8:30am	Depart lodge
	On Thredbo Village shuttle buses
9:00am	Group photo!
	At Friday Flats Ski Area
9:15-11:15 am	Ski & snowboard lessons
	Meet your instructor at Friday Flats Ski Area
12:00pm	Lunch
	At Friday Flat Bistro
1:30pm	ON SNOW activity - Free ski time
	Free ski in groups of 3+
1:30pm	OFF SNOW activity - Village wander
	Walk & shuttle bus in groups of 3+
3:00pm	Yoga / stretching session
	At Christiania Lodge
4:00pm	Afternoon tea
	At Christiania Lodge
5:00pm	Free time
6:30pm	Pre-dinner check in
ОЮОРІП	Kudos, toasties, my cancer experience
7:00pm	Dinner
	At Christiania Lodge
8:00pm	Night activity: Trivia
	At Christiania Lodge
10:00pm	Lights out

WINTER RETREAT

14 - 18 JUNE 2025



TUESDAY

7:00am Breakfast

at Christiania Lodge

8:15am Dress for the day on snow!

8:30am Depart lodge

on Thredbo Village shuttle buses

9:15-11:15am Ski & snowboard lessons

Meet your instructor at Friday Flats Ski Area

12:00pm Lunch

at Friday Flat Bistro

1:30pm ON SNOW activity - Free ski time

Free ski in groups of 3+

1:30pm OFF SNOW activity - Eagles Nest

chairlift & hot chocolate

Walk & chairlift in groups of 3+

3:00pm Pool session

at Thredbo Village Leisure Centre

4:00pm Afternoon tea

at Christiania Lodge

5:00pm Free time

6:30pm Pre-dinner check in

Kudos, toasties, my cancer experience

7:00pm Dinner

at Christiania Lodge

8:00pm Night activity: Connection

at Christiania Lodge

10:00pm Lights out

WINTER RETREAT

14 - 18 JUNE 2025



WEDNESDAY

7:00am	Breakfast
	at Christiania Lodge
8:15am	Check out of accommodation
	Put bags in luggage storage room Say bye to Lodge staff!
8:30am	Depart lodge
	on Thredbo Village shuttle buses
9:15am - 11:15	Ski & snowboard lessons
	Meet your instructor at Friday Flats Ski Area
11:30am	Return ski & snowboard equipment
	Thredbo village Rental Shop
12:00pm	Lunch
12:00pm	Lunch at Friday Flat Bistro
12:00pm	
12:00pm	
	at Friday Flat Bistro
	at Friday Flat Bistro
1:30pm	at Friday Flat Bistro Depart Thredbo on private shuttle bus
1:30pm 3:00pm	at Friday Flat Bistro Depart Thredbo on private shuttle bus Afternoon tea in transit
1:30pm	Depart Thredbo on private shuttle bus Afternoon tea in transit Arrive at Canberra Airport
1:30pm 3:00pm	at Friday Flat Bistro Depart Thredbo on private shuttle bus Afternoon tea in transit
1:30pm 3:00pm 4:00pm	Depart Thredbo on private shuttle bus Afternoon tea in transit Arrive at Canberra Airport Check in for flights, farewells!
1:30pm 3:00pm	Depart Thredbo on private shuttle bus Afternoon tea in transit Arrive at Canberra Airport Check in for flights, farewells!
1:30pm 3:00pm 4:00pm	Depart Thredbo on private shuttle bus Afternoon tea in transit Arrive at Canberra Airport Check in for flights, farewells!
1:30pm 3:00pm 4:00pm 6:00pm	Depart Thredbo on private shuttle bus Afternoon tea in transit Arrive at Canberra Airport Check in for flights, farewells! Dinner at airport / on flight
1:30pm 3:00pm 4:00pm	Depart Thredbo on private shuttle bus Afternoon tea in transit Arrive at Canberra Airport Check in for flights, farewells!
1:30pm 3:00pm 4:00pm 6:00pm	Depart Thredbo on private shuttle bus Afternoon tea in transit Arrive at Canberra Airport Check in for flights, farewells! Dinner at airport / on flight