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Only organisations that meet the regulations are given permission to display the Tick.

The ACNC Charity Register contains information about the more than 54,000 charities, including CanTeen, that are registered with the Commission. Find out more at acnc.gov.au

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## **Our impact in 2016/17**

Young people affected by cancer are up to six times more likely to face mental health issues like depression and anxiety than their peers. CanTeen reduces that risk.

After just six months of support from CanTeen, almost two thirds of young people affected by cancer report improvements in their mental health and overall wellbeing.

In 2016/17, CanTeen supported young people living with cancer through the following services:



1,374

young cancer patients supported nationally through the specialist, hospital-based Youth Cancer Services



37,842

books delivered to guide young people through the challenges of living with cancer



3,679

counselling sessions provided to help young people cope with the impact of cancer



opportunities for young people to attend a CanTeen camp, program or Recreation Day



1,928

young people used our online support service

## **About CanTeen**

#### Why does CanTeen exist?

To be in a young person's corner when cancer crashes into their world.

#### Who is CanTeen?

We're the people who support 12-25 year olds with cancer in their worlds, whether it's their own diagnosis, a close family member's cancer or the death of a loved one.

#### What does CanTeen do?

We provide practical and emotional support tailored to the needs of young people and the chance to connect with others who are in the same boat.

#### When is CanTeen vital?

When cancer turns a young person's world upside down.

#### Where is CanTeen?

We provide 24/7 online support and also have staff in every state and territory working with young people locally.

### Why is CanTeen essential?

Because cancer's different in a young person's world.

When cancer's in your life, CanTeen's in your corner.

If you know a young person who might need support dealing with cancer in their family, please tell them about CanTeen.

Visit: canteen.org.au/getsupport

Call: 1800 835 932

Email: support@canteen.org.au





## & National President



Hi I'm Josh and I'm CanTeen's National President. I'm 22 and living with Chronic Myeloid Leukaemia, which I was diagnosed with when I was 10.

Youth leadership has been at the heart of CanTeen since we were first established by young people in 1985. CanTeen recognises that young people with a lived experience of cancer are the best role models and guides for young people just beginning their journey. As a young leader at CanTeen, I'm especially excited about the work we've been doing to introduce new youth leadership roles and training - so this is a really exciting step forward (and you can read more about it on page 18).

I can't wait to see what this new year brings, and all of the many ways CanTeen will continue to grow and support young people living with cancer.

I'd also love to take this chance to echo what Peter said and thank all of the amazing people and organisations that support CanTeen. You allow young people like me to find the support they need when cancer knocks them off their feet. Thank you.

#### **Josh Schwarz**

National President and Patient Member

## **Treatment & Support**

### **Achievements**

+ Transforming hospital based care for young cancer patients

Around 70% of newly diagnosed young cancer patients are now being supported by the Youth Cancer Services.

Every day, another three young people are diagnosed with cancer. They have unique medical and emotional needs and they feel out of place in both children's and adult hospitals.

That's what makes the Youth Cancer Services (YCS) so important. The YCS, which receive Australian Government funding through CanTeen as well as state and territory government funding, are transforming the way that care is delivered to young cancer patients in hospitals across the country.

The YCS provide specialist, age-appropriate treatment and support for young people with cancer aged 15-25 and are staffed by multi-disciplinary teams of doctors, nurses, psychologists, social workers and other allied health staff.

Young people are actively involved in shaping the YCS. The National Youth Advisory Group provides regular input on service design, delivery and evaluation as well as contributing their youth and patient-specific perspective on research studies.

During 2016/17, the Youth Cancer Services treated and supported 1,374 young cancer patients and around 70% of newly diagnosed young people are now being supported by the YCS.



Frazer, Age 25

Photo credit: Scar Stories

I was diagnosed with a type of bone cancer in 2015. I had an osteoblastic osteosarcoma in my left thigh and was treated through the Youth Cancer Services (YCS) at the Princess Alexandra Hospital in Brisbane, 600km away from home in Rockhampton.

My YCS team included a social worker, clinical nurse consultant and an occupational therapist. I can't imagine facing my cancer battle without these wonderful ladies.

It was great to know I always had them to help me with anything from ringing me to let me know that my blood levels were high or low enough to travel home, to organising funding for accommodation and groceries.

As a regional patient, I didn't get that many visitors on the ward so one of the most important things they did was just being a friendly face that I knew I'd see every day.

#### + Helping young people in the community rebuild their lives

Whether it's your own diagnosis, a close family member's cancer or the death of a loved one, cancer turns a young person's world upside down. CanTeen's specially trained professional staff help young people cope with the immense impact that cancer has on every aspect of their life – from how they feel and think to relationships and issues like education, work and finances.

Cancer affects everyone differently, which is why our youth and social workers assess each young person individually to identify the support that will help them the most. Our counsellors provide a safe space to talk about difficult thoughts and feelings and help young people develop strategies to manage them.

CanTeen's well known camps and programs give young people the chance to meet others their age who understand what they're going through, develop coping skills and, importantly, have a lot of fun too. In 2016/17, CanTeen's community based services, which are funded by our generous donors and supporters, included:

- providing 3,679 counselling sessions to help young people cope with the impact of cancer
- offering 3,449 opportunities for young people to attend a CanTeen camp, program or Recreation Day
- delivering 37,842 books to guide young people through the challenges of living with cancer.

## The number of counselling sessions CanTeen provides has more than doubled in the last three years.



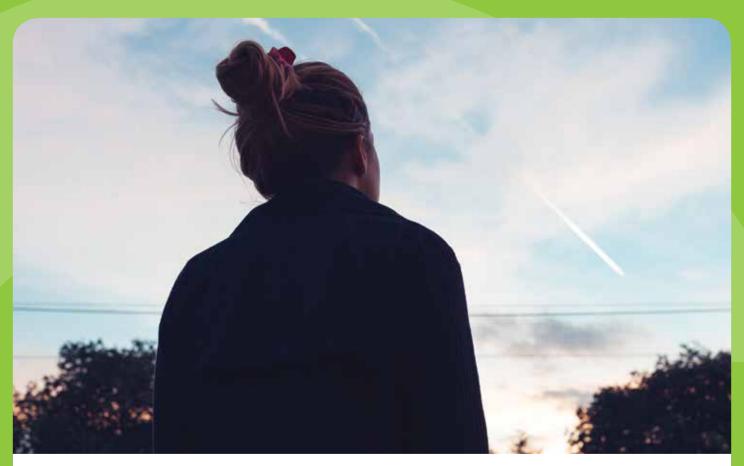




Around 50 CanTeen Members from Western Australia came together for an 80s themed Spring Camp in Hillarys, north of Perth. Over five fantastic days the group took part in a range of sessions focused on helping them cope with cancer as well as a lot of fun activities including a spray painting street art workshop and whale watching.

It was awesome to catch up with other young people who get it and share some amazing experiences like seeing whales in the wild

Matt, Age 18



Mon, Age 18

When I was 15, my world was turned upside down. The man who was not only my father but also my best friend was diagnosed with glioblastoma multiforme, a terminal brain tumour.

My father's operation wasn't as successful as we expected, instead he was given a prognosis of 12 months. He then immediately began chemotherapy and radiotherapy. Watching my father have such a negative reaction to these treatments not only left me heartbroken, but it also gave me many traumatic memories.

My father passed away in August 2014. I couldn't handle such a strong heartbreak so at first I just blocked out the pain. However, a year later that pain had started affecting my education, social life and my part time job.

When I joined CanTeen I was initially afraid of seeing a counsellor, because I didn't know if they would understand or how they would react to my story.

My experience has been the exact opposite.
My counsellor empathises with me, has made sure I know I can take my time and only share what I'm comfortable with. Before joining CanTeen my school attendance was minimal and I had anxiety, but working with my counsellor has helped me open up, get through my HSC year and successfully get into university.

While this is a credit to myself, it's also a credit to CanTeen. They make such a dramatic difference to the lives of young people who are confronted with cancer. CanTeen is by far one of the best organisations I've come across and I truly believe each and every young person they work with would agree with me in saying that having CanTeen in their lives has had a significant influence on them.

#### + Reaching young people throughout Australia

At canteen.org.au, young people affected by cancer can connect with each other 24/7 and chat to a counsellor seven days a week.

Cancer affects young people throughout Australia and the challenges it brings don't stick to business hours, so neither do we. Regardless of where a young person lives, they can access online and phone counselling seven days a week over extended hours.

CanTeen's online community, which is supported by Australian Government funding, gives young people a safe online space where they can connect with each other 24/7 through blogs, forums and video stories. Some of our passionate community members have now also been trained to help moderate forums and welcome new young people when they join.





Mathew, Age 19

I was in my final year of school when my Dad was diagnosed with lymphoma for the second time. Mum was out so often to care for Dad and I felt completely alone. I remember wanting to talk to someone about everything, but I felt I couldn't burden my parents, because they were dealing with so much already. So instead, I kept it all bottled up, which left me feeling angry and anxious all the time.

Dad died in May 2015. I remember watching him take his last breath and not wanting to let go of his hand. He was my best friend, and a constant source of support. It was so hard.

Mum eventually suggested I try counselling, and I was initially reluctant. But being able to access CanTeen counselling anonymously and easily from home made a huge difference. I have been speaking with the CanTeen counsellors since November 2015 and am feeling better about myself and my relationships. I feel calmer, more open and more confident in my ability to manage how I feel. I still think about Dad often, and know that some days will be hard, but with CanTeen's help I am better able to ride the ups and downs.





Around 30% of the young people supported by CanTeen are from regional areas.

Young people affected by cancer often feel very isolated and alone, especially if they live in rural and regional areas. Donations to CanTeen help fund travel and accommodation for young people from far flung locations to attend a CanTeen camp where they can make new friends and go home feeling better equipped to deal with their cancer experience.



Evie, Age 17 (second from left)

Being a regional member of CanTeen is one of the best things that has happened to me.

I was diagnosed with medullablastoma (a type of brain cancer) in September 2010 and before starting with CanTeen, I felt like a dark cloud hung over me, never going away. No matter how hard people tried, they didn't know how things felt through my eyes and what my mind and body was going through.

When I signed up for my first CanTeen camp, I didn't really think much of it. My flights and travel were all organised – it was easy and stress free.

When I arrived at the camp not knowing anyone and having gone through what I'd gone through, I was almost going to burst out crying, I felt like running away.

As the days went on, I felt more comfortable and we had activities where we could talk about our cancer experience. When I heard other young cancer survivors' stories, it felt like someone had flicked a switch in my brain. I wasn't scared anymore and knew I was with people exactly like me.

The camp was like therapy, but the best kind! I have made so many new friends, people I can share anything with. Over time I have developed stronger connections with other CanTeen members and staff that have made this whole journey worth it.

I can't wait for my next camp, so I can reconnect and welcome in new members because I know exactly how daunting it can be but how rewarding it really is.



## **Looking Ahead**

Bone and brain cancers, along with Acute Lymphoblastic Leukaemia, are the leading causes of death in young cancer patients.

#### + Helping young cancer patients access cutting-edge treatment

Taking part in an early phase clinical trial is the fastest way to access cutting-edge cancer treatment, but this opportunity has been out of reach for many young Australian cancer patients. This is partly due to age restrictions – young people are caught between being too old for paediatric trials, but still too young for adult trials. In addition, the most deadly cancers affecting young people are also less common, which in turn means there is less investment in research.

CanTeen is committed to improving young people's access to clinical trials. In 2016, we successfully secured an Australian Government commitment to providing funding which will enable running nationally coordinated clinical trials from 2017. These trials will focus on cancer types with the highest mortality rates for adolescents and young adults, which include leukaemia, bone and brain cancers.

#### + Survivorship Program

For young people who've had cancer as a child or adolescent, the challenges of cancer don't end just because their treatment has. Many young people face ongoing difficulties after cancer, like worrying about their physical health or that their cancer will come back; wondering how to get back into school, employment or hobbies; or navigating changes in relationships and forming new relationships after cancer.

In 2017, CanTeen is delivering a specifically developed program for young cancer survivors. The program will provide an opportunity for young people to meet others who get what they've been through and to discuss ways to cope with what's happening in their life now. Program attendees will be given practical skills and strategies to take away with them to help with improving wellbeing in the long term.

### + Developing online support for parents

For a parent with cancer, talking to their children about their illness is one of the most painful and challenging issues they face after being diagnosed. Parents grapple with how, when and what to tell their children – and how to give them the support they need while also managing to cope themselves.

A parent's stress and anxiety can amplify the impact on their children and make it even harder for young people who are often left feeling scared, alone and guilty about their own needs and feelings. CanTeen research shows that improving the level of support for parents and the family as a whole, also improves the outcomes for young people.

In 2017, CanTeen will therefore start working on an online community for parents using the technology we developed for the online support service we created for young people. The Online Parent Community aims to reduce the isolation felt by many parents dealing with cancer by connecting them with others who have been through a similar experience and providing professional support.

## Research & Evaluation

### **Achievements**

+ Contributing to the national and international evidence base

During 2016/17, CanTeen published six peer-reviewed papers and made 27 presentations at scientific conferences around the world.

CanTeen leads and contributes to national and international research projects that explore the psychological and social impact of cancer on young people.

We regularly publish research in peer-reviewed journals in order to advance collective understanding of the issues facing young people living with cancer. These articles include the presentation of original research findings, proposals for studies yet to be conducted, and reflections on the existing literature.

In addition to these peer-reviewed publications, CanTeen also communicates our research findings to a broader audience through the media.

Visit canteen.org.au to find out more about current and past research projects as well as related presentations and publications.

### + Ensuring CanTeen provides best-practice, evidence-based support

CanTeen has been delivering camps where young people affected by cancer can connect with others their age and develop coping skills since we were established in 1985. As part of our commitment to the highest standards of support for young people, we continuously improve and update the way our camps are delivered to ensure we incorporate the most up to date, evidence-based approaches.

In 2016/17, we strengthened two new programs based on the results of pilots run the previous year:

- PEER (Place of Enablement, Empowerment and Relationships) Program The multi-day PEER Program focuses on building relationships as well as coping and self-compassion skills for all young people affected by cancer.
- Good Grief Program

A weekend program specifically tailored to help young people who are trying to cope with the death of a parent or sibling due to cancer, which is one of the most stressful and traumatic events that a young person can experience.

We also continue to deliver and evaluate Truce, a group support program for young people whose parent has cancer, and When Cancer Comes Along, a cancer awareness and education program for high school students.

## **Looking Ahead**

#### + Exploring the benefits of mindfulness

Having a sibling with cancer can be a very difficult experience for a young person. Previous CanTeen research shows they are three to six times more likely to experience high levels of psychological distress than their peers.

In 2017, CanTeen is evaluating the effectiveness of regular mindfulness practice (using an app) in lowering distress and improving the wellbeing of young people dealing with a sibling's cancer.

The project is an international collaboration between CanTeen, The University of North Texas and Cook Children's Hospital. CanTeen is grateful to Russ Harris, Anthony Berrick and the team behind the ACT Companion for making the app available to young people at no cost.



## Leadership

## Strengthening Youth Leadership at CanTeen

### Youth leadership is a part of CanTeen's DNA.

The culture of youth empowerment and the strong sense of belonging has been a cornerstone of CanTeen's ability to effect change in young people's lives for more than 30 years.

During 2016/17, we have been implementing our new youth leadership framework, including introducing new roles, opportunities and training programs to ensure that youth leadership is a strong component of CanTeen's ongoing success.



Every day I, and the rest of the organisation, stand on the shoulders of the many amazing young people who take on leadership roles within CanTeen – and that's such a powerful thing. This organisation identifies and fosters the best in young people; it supports them, provides development experiences, and empowers them to an extent that it is life changing.

> Ali Duncan, Age 25 Chair of CanTeen's Board of Directors



#### As the framework is rolled out during 2017, CanTeen's young leaders are taking part in consistent, role-specific training.

This suite of training programs has been developed by staff and experienced young leaders to ensure they are fun, purposeful, engage the whole person and are relevant to diverse learning styles, roles and contexts. Overall, our leadership development programs seek to enable young people to successfully take up leadership in and beyond CanTeen.

#### The Role of a Leader

While there are many different roles leaders can take up in CanTeen, the basic role of every leader is to advise, advocate, support others and raise awareness and funds. These core tasks are described in a little more detail here:

#### **Peer Support**

Build relationships that facilitate resilience, connection and wellbeing

#### **Advise**

Share ideas, experience and feedback to shape CanTeen's services and research

#### **Fundraise**

Increase awareness, connect supporters and raise funds for CanTeen

#### **Advocate**

Speak up about issues that affect you and your peers to influence decision makers

#### How

- Lead by example on CanTeen programs
- Be a friend
- Get active on CanTeen online and social media

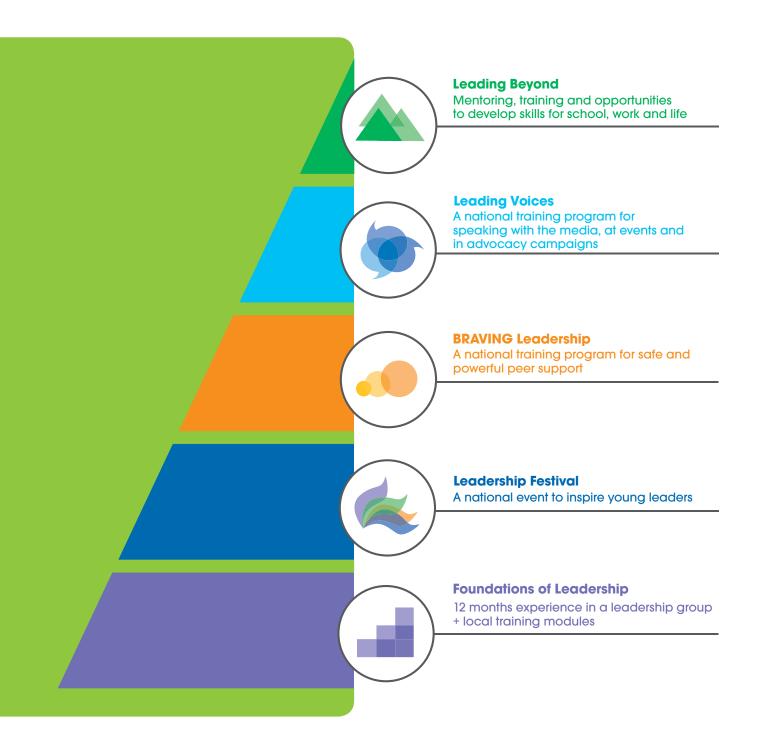
- Participate in surveys, focus groups, meetings and other opportunities to give feedback
- Share ideas with other leaders and staff

#### How

- Share stories, posts and news about CanTeen and the **Youth Cancer Services**
- Initiate or participate in fundraising activities
- Encourage people you know to donate goods, services or funds to CanTeen

#### How

- Talk with other young people living with cancer to better understand diverse perspectives and represent others
- Share insights, ideas and issues with CanTeen staff





## **Financial Support**

The wonderful support CanTeen continues to receive coupled with our careful financial management means that we are in a strong position to continue helping young people cope with the impact cancer has on their lives.

In 2016/17, CanTeen's total income was \$35 million with 79% coming from individual supporters. A further 8.2% was raised through our iconic National Bandanna Day, corporate support, grants and other income while government funding made up 12.8% of CanTeen's income that year.

CanTeen shares the community's belief that generous donations to CanTeen should be carefully managed in order to achieve the best possible outcomes for the young people we work with.

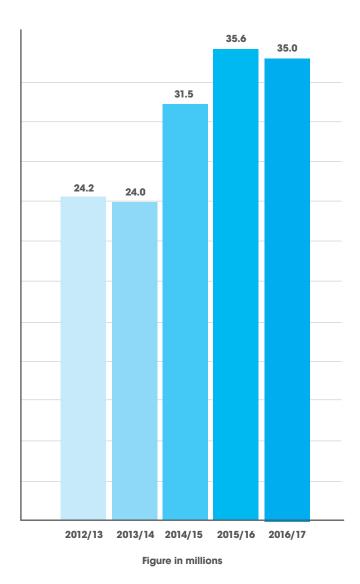
For every \$1 we invest in fundraising, we receive around \$3 that can then be spent on providing counselling and other emotional support, youth-friendly information about cancer and the chance for young people affected by cancer to connect with each other.

CanTeen relies on the generosity of the community as well as support from corporate partners and the government in order to help young people cope when cancer turns their world upside down.

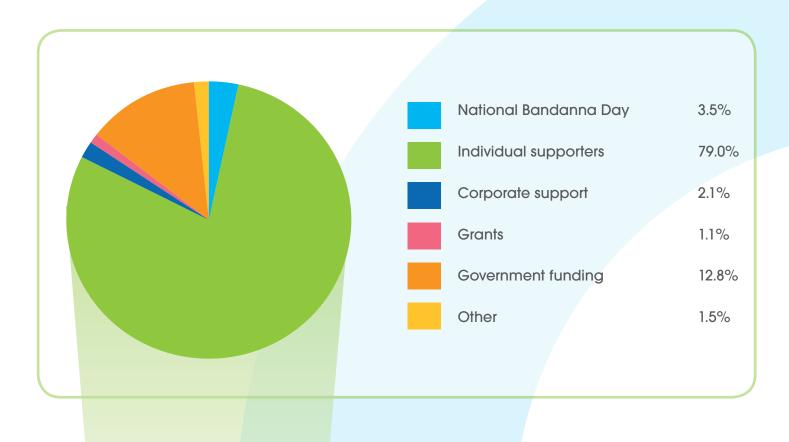
We'd like to take this opportunity to say a huge thank you to all of our supporters.

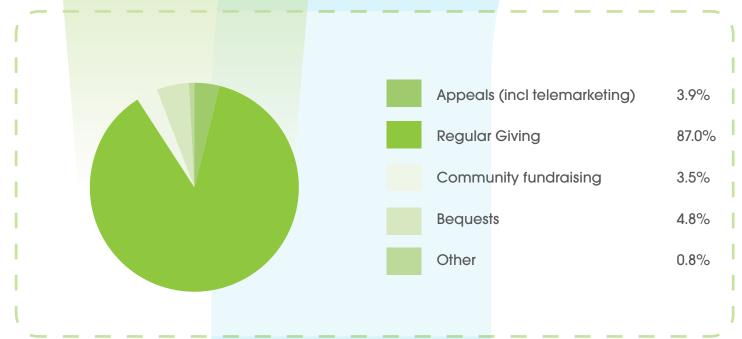
IN 2016/17
CANTEEN'S TOTAL
INCOME WAS
\$35 MILLION
\$79.0%
COMING FROM
INDIVIDUAL
SUPPORTERS

#### + Income chart



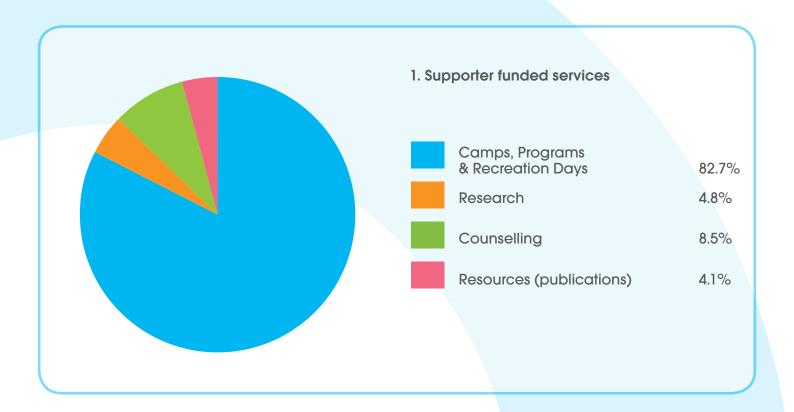
### + Income Summary

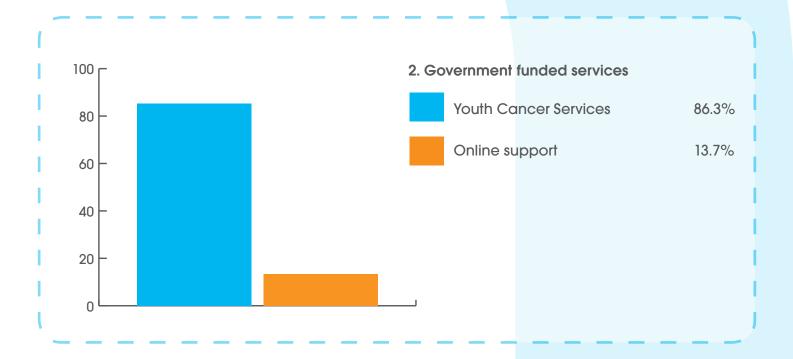




For more detailed financial information, please refer to CanTeen's Annual Financial Report, which is available on our website.

### + Service Expenditure





## Thank you to our supporters

Whether it's through regular monthly gifts, donating to appeals, buying a bandanna or one off contributions, CanTeen relies on everyday Australians for the majority of our income.

During 2016/17, we were supported by more than 82,000 monthly donors and around 24,000 other donors and supporters. CanTeen's vital work supporting young people living with cancer couldn't continue without their generous support and we are incredibly grateful for every donation we receive.







For us, CanTeen has been an amazing experience.
From the moment we met with Peter Orchard (the CEO) and got an appreciation for his passion, we knew that we wanted to be involved.

It came down to how we could best help out with our skillset. We decided to start from the beginning and assist CanTeen with updating their ageing computer system and database. This included bringing in new IT expertise to support the changes, all in an effort to better understand the young people CanTeen works with and the donors they rely on.

Travelling to Sydney to visit the CanTeen office with our children was a wonderful experience for all of us. We met some of the staff and you could feel the commitment and joy they had for their work. It was an added bonus to also meet some of the young people we're helping – Sophie and Marc. Listening to their stories over lunch was very sobering, if only we could bottle their enthusiasm, energy and optimism!

It is very humbling to see the resilience of the human spirit first hand.

CanTeen is such a remarkable organisation that helps guide young people through such a stressful time in their lives. We would actively encourage those who are able to donate to give to this wonderful charity.

You won't regret it.

Paul and Melissa Dwyer

## **Community Fundraising**

From sweaty runners in Sydney to bakers in Brisbane and pupils holding mufti days in Perth, the efforts our supporters make to raise money for young people living with cancer are amazing. Thank you so much, we're in awe of you all.

#### + Road Raise

October 2015 saw an extra special event take place for the very first time - our own cycling challenge, Road Raise. After months of training, 13 dedicated and inspiring people embarked on a 6-day fundraising bike ride from Adelaide to Melbourne.

Throughout the 970km journey, the group supported each other to overcome both physical and psychological challenges and ultimately raised an astounding \$135,000 for CanTeen. As a sign of gratitude and support, CanTeen CEO Peter Orchard also joined the riders for the last leg into Melbourne.

Due to the fantastic success of the inaugural event, Road Raise returned in October 2016 with an equally motivated and inspiring team of 16 cyclists. The incredible group stepped up to the challenge raising nearly \$150,000 for CanTeen, overcoming endless adversities through pure grit, determination and selflessness. The 7-day route took in some of the most stunning coastal roads in Australia, with a couple of highlights including enjoying the Great Ocean Road and conquering the unforgiving yet beautiful Otway Ranges.

A special thank you to our major partner Duncan Basheer Hannon, our other event partners, the amazing support crew and the countless individuals and businesses who made Road Raise possible.

Visit **roadraise.com.au** for more information and to get involved.









The inaugural Road Raise team: Wade Burns, David Elmes, Andrew Evans, Shane Farley, Andrew Jarman, Charlie Jarman, Ryan O'Keefe, Steve Nolis, Melvin Mansell, Darren Phillips, Craig Robinson, Stephen Sanders,

Support team: Ann Purtle, Brian Purtle

The 2016 Road Raise team: Sue-Ann Charlton, Shane Farley, Matt Gilbertson, Peter Gilbertson, Matt Glaetzer, MacKenzie Mansell, Melvin Mansell, Kane McCard, Rvan O'Keefe, Daniel Rensberg-Phillips, Craig Robinson, Greg Skelton, Steve Nolis, Luke Schapel, Paul Shaw,

Support team: Lauren Krelshem (CanTeen Member), Marlaina McPhillips, Lean Rensberg-Phillips, Alan Trewartha

#### **Major partner**

Duncan Basheer Hannon

#### **Media partners**

NewsCorp - The Advertiser / Sunday Mail Southern Cross Austereo - Triple M Adelaide

#### **Supporting partners**

Savill Packaging Luke Evans Titan Performance Group Adelaide Signs Watermark Beyond Bank Australia

### + National Bandanna Day 2016

We're incredibly grateful that so many Australians continue to show their support for young people living with cancer by getting behind National Bandanna Day.

More than 285,000 bandannas were sold and \$1.25 million raised to help CanTeen continue its vital work.

We'd like to say a huge thank you to everyone who bought a bandanna, to our amazing volunteers who were out in force in city centres on National Bandanna Day and to the hundreds of schools and businesses who sold bandannas on our behalf – we couldn't do it without you!

## An additional special thank you goes out to our National Resellers who supported National Bandanna Day by selling bandannas in their stores across Australia:

Anaconda
Big W
Burger Edge
Capital Chemist – NSW & ACT
Capital Chemist – TAS
Eagle Boys

Newslink / Relay L S Travel Group PETstock STA Travel

The Athlete's Foot

Strandbags











#### + Partnerships and major supporters

Partners play a vital role both in terms of fundraising and providing in kind or other support to CanTeen. We'd like to thank the following corporate and community partners:

























CanTeen has received funding from the Australian Government, Department of Health





























Adagold Aviation Adelaide Bite

ADP Employer Services

AFL Players Association

Airservices Australia - Perth

Anthony Berrick (Psychologist)

Badenoch Real Estate

Bevond Bank - ACT

BHP Billiton

Black Hawk

Blackwood Charity Golf Day

Calvary Health Care Lenah Valley

Chad Hancock Foundation

Davies Family Foundation Pty Ltd

**ERARING ENERGY** 

The FIL Foundation

Henderson Family Foundation Pty Ltd c/o Mutual Trust

Hindmarsh Corporate Pty

Jamberoo Action Park

Joanne Phillips

Kosciusko Thredbo Pty Ltd

Mayner & Cochran Pty Ltd

Mt Thorley Warkworth CFMEU Lodge - United Mine

Workers Federation of Australia

Narooma Sport & Game Fishing

Newcastle Coal Infrastructure Group

Noonamah Tavern

**Qcity Transit/Transborder Express** 

Real Estate Institute Of New South Wales

Russ Harris, ACT Mindfully

SEEK Limited

Snap Printing Fyshwick Southern Alps Ski Club

SunCity Harley Davidson

Tasmanian Association for Hospice & Palliative Care Inc.

Tasmanian Bus Association

Touchpoint

Tour de Cure

The Social Research Centre Pty Ltd

Westpac Group



**STA Travel** 

In 2016/17, CanTeen and other youth cancer organisations around the world entered into an innovative global partnership with STA Travel to support young people with cancer worldwide.

Here in Australia, STA Travel will support CanTeen over the coming years through a number of fundraising activities, including giving travellers the opportunity to donate to CanTeen when booking travel online or instore.

"We are thrilled to be supporting CanTeen. The sad reality is that cancer affects many young people, and as the world's largest youth-based travel company, it touches many of our customers and people worldwide. We send more than two million young people on life-changing trips every year, but there are thousands that miss out due to illness. The work of the organisations that we've aligned with is vital and we're delighted to launch this world-first global partnership. We hope our fundraising efforts will go some way to help CanTeen provide the best possible care and support to those facing this challenge."

John Constable, STA Travel CEO

# SUPPORTING YOUNG PEOPLE WITH CANCER WORLDWIDE











## Our team

## **CanTeen Executive**



**Peter Orchard** Chief Executive Officer

Peter has almost 30 years of experience working with young people across homelessness, mental health, community health and now cancer. He played a central role in the establishment of headspace. His long standing passion for young people to have the best possible chance at a full and meaningful life is reignited on a daily basis through his work with the extraordinary young leaders at CanTeen.



Peter Allwood Chief Operating Officer

Peter has been with CanTeen since 2011 and oversees organisational sustainability, which includes the areas of Marketing & Fundraising, People, Finances, Systems and Infrastructure. Before joining CanTeen, Peter spent 19 years with Lend Lease, including 10 years in the UK overseeing Lend Lease's European Retail Property Investment business. Earlier in his career, Peter enjoyed stints with BHP and Westpac in various roles.



Dr Pandora Patterson

General Manager of Research and Youth Cancer Services, CanTeen and A/Prof Cancer Nursing Research Unit, Sydney University Dr Pandora Patterson has 25 years of experience working clinically with young people and their families. She has worked with CanTeen for 10 years, building a program of psycho-oncology research for young people impacted by cancer and overseeing the implementation of the Youth Cancer Services. Prior to that, she worked as a researcher and psychologist within the NSW Health Department's Child and Adolescent Mental Health Service.



John Friedsam General Manager of Divisions

John has specialised in psycho-oncology service provision and management for the past 14 years. He is passionate about developing and delivering evidence based, sustainable supportive care, counselling and group work services to cancer patients and their families. John has also worked extensively in the space of cancer communications and familial adjustment to cancer.

## **CanTeen Board of Directors**

#### + Member Directors



Ali Duncan Chair of the Board

Ali joined CanTeen at 15 years old and her Mum passed away one year later. Ali has remained in various leadership positions since that time, both within her hometown Division of Hunter and Northern NSW (Newcastle) and at a national level. Ali joined the Member Advisory Council in 2009, became a Board Director shortly after, and has been Chair of the Board since 2012, inclusive of National President for three years. She completed a Bachelor of Social Work (Honors) degree and is pursuing a career in mental health and advocacy.



#### **Mathew Gilliland**

Deputy Chair of the Board; Chair, Finance Governance & Risk sub-committee Mathew has received unparalleled support from his CanTeen friends over the 13 years he has been a Member, including on the night his Mum died from breast cancer. He has a background in the spheres of economic analysis, policy development, research and advocacy. Mathew is particularly keen to bring a health economics focus to the Board, to ensure CanTeen delivers the most effective support to the greatest number of people we can.



#### **Emilie Adlide**

Emilie became a Member of CanTeen because both her parents died from pancreatic cancer. Since joining CanTeen six years ago, she has found friends willing to accept Emilie for who she is and share challenges and strategies around managing life. As time passed, she realised she wanted to give back to this incredible organisation and has since held various leadership positions within CanTeen. Emilie has just completed her law degree.



#### **Sean Dondas**

Sean joined CanTeen at 14 years old and his mother passed away from cervical cancer nearly two years later. Sean has stepped up in a variety of leadership roles within his home Division of Western Australia and at the national level. He was elected WA President in 2012, joined the Member Advisory Council in 2013 and became a Board Director in 2015. Sean's ongoing highlight is supporting young people to become great leaders. He has completed a Bachelor of Economics/Arts double degree from the University of Western Australia.



#### Lachlan Korvin

Lachlan joined CanTeen as a Patient and Bereaved Offspring Member in 2005 after losing his mother to cancer in 2003, and facing cancer himself in 2005. Lachlan joined the Board in August 2012, and has an innate sense of the culture and values of the organisation gained from his years of experience, and always seeks to ensure that the ethos of CanTeen continues into the future. Lachlan holds a Bachelor of Radiography and Medical Imaging from Monash University, and works as a Medical Imaging Technologist in a large public hospital in Melbourne. Lachlan left the Board in December 2016.



#### Joey Lynch

Joey joined CanTeen after undergoing his first stem cell transplant in 2010 to treat Hodgkin's Lymphoma. He has developed a keen interest in helping the organisation improve the lives of young people affected by cancer and is passionate about ensuring that they have access to both cutting edge medical treatment and world leading psychological and social support. Outside of CanTeen, Joey is completing a degree in International Relations and works as a journalist covering what he calls the real, round ball version of football. Joey joined the Board in January 2017.

#### + Associate Directors



Kieran Schneeman

Government Affairs Director, AstraZeneca Australia

Kieran is one of the country's most respected Government Affairs professionals. His experience as a senior adviser within the Howard Government, followed by high profile industry and corporate roles, makes him well placed to advise organisations on engaging with political parties and Government.



Michelle Vanzella

Executive Director, Mayday Investments

Michelle is an innovative and entrepreneurial senior executive with extensive experience working with CEOs and Boards leading diverse sales, marketing, customer, product and new business development teams in complex, large scale multinationals.



Ravi Underwood

Chief Financial Officer, Geocon

Ravi is a finance executive who has had experience in various senior finance roles with listed companies in Australia spanning over 20 years. Currently Ravi is working as CFO for Geocon, the largest residential property developer in the ACT. Ravi has been involved both in community and not-for-profit organisations for over 10 years and enjoys using his commercial and financial expertise to assist the not-for-profit sector. Ravi joined the CanTeen Board in 2016.





